

Cannula Adjustments for Testing with PAP

Your medical provider may ask you to test with or without your positive airway pressure (PAP) device, or, commonly, to test under both conditions (1-2 nights with and 1-2 nights without). When testing with PAP, the nasal cannula can be worn underneath most nasal masks without modification. If you have a nasal pillow or a full-face mask, you may need to modify the cannula slightly to fit.

Nasal Pillow Cannula Adjustments:

To test with a nasal pillow, you will wear the cannula on your face directly below the nasal pillow. The short prongs point towards the nose. You may trim them or cut them off so that the cannula fits comfortably between the nasal pillow and your mouth. The longer prongs should rest just in front of the upper lip.

Note: If your provider instructed you to test under both conditions, you should first complete the test without PAP, and then modify the cannula to test with PAP.

Full-Face Mask Adjustments:

To test with a full-face mask, you will wear the sensor underneath (inside) your mask without the nasal cannula:

1. First, you will need to detach the nasal cannula from the airflow sensor. The cannula is connected to the airflow sensor via a connector tube. The easiest way to detach the cannula from the sensor is simply to cut the tube that connects them:

- Hold the head of the airflow sensor with one hand.
- Using a pair of scissors, cut the connector tube near the head of the sensor to detach the cannula. The cut should feel smooth. If you feel any sharp edges, make sure to snip them off.

2. Once the cannula has been removed from the airflow sensor, place the head of the airflow sensor underneath your mask, near your nose and mouth. The wire remains outside the mask. Make sure the mask is properly fitted to keep the sensor in place.

Additional Support:

If you have any questions, please don't hesitate to contact our support team for assistance.

Call: (847) 777-0000

Email: Support@SnapDiagnostics.com