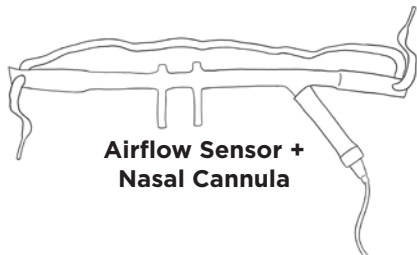


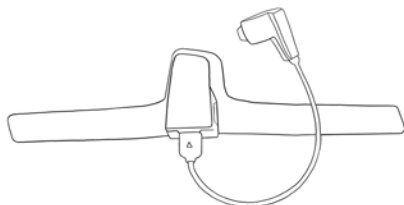
To complete your sleep test, the following equipment will be used:



Snap Sleep Apnea Monitor (SAM®) + Belt



Airflow Sensor + Nasal Cannula



Oximetry Watch Monitor + Ring Sensor

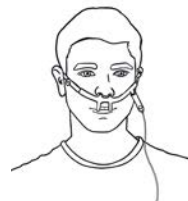
Connect to the Sensors

1. Connect to the SAM + Belt



Fasten the belt around your upper chest placing the Sleep Apnea Monitor (SAM) in front, over your clothing, with the airflow connector facing down.

2. Connect to the Airflow Sensor + Nasal Cannula



Place the nasal cannula underneath your nose with the shorter pair of prongs resting under your nostrils and the longer pair of prongs pointing down towards your mouth. Adjust the band for a comfortable fit.


3. Connect to the Oximetry Watch Monitor + Ring Sensor

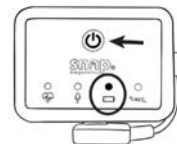


Strap the watch to your non-dominant hand and place the ring sensor at the base of your thumb. If the thumb is too tight, you may use a different finger.

Start Recording

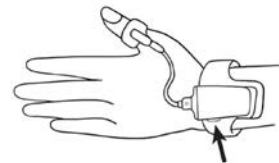
4. Turn on the SAM Recorder

Press the power/record button  to turn on the SAM recorder and start the recording. The light above the battery symbol will illuminate.



5. Turn on the Oximetry Watch Monitor

Press the power button on the side of the watch to turn it on. If Error 4 appears, turn the monitor off and ensure that the ring is properly connected to the watch before turning the monitor back on.



6. Confirm SAM recording has started

Once recording has started, the “REC” light will blink every 5 seconds. The other lights will turn off for a dark and comfortable sleep environment. The recording will stop on its own after 6 hours.